



NATURE AT HOME

We hope to inspire kids of all ages to learn about the natural world and discover new connections to nature.



Making a Nature Journal

View the video at DishmanHills.org/Nature-At-Home

Supplies: 2+ pieces of typing paper, scissors and a pen or pencil.

Step 1: Fold all the pages in half from the bottom to top (short edge to short edge) so the edges are even and crease well.

Step 2: Take one piece of paper so that the folded edge is at the top (horizontal) and the other papers will be placed with the edge on the left side in the middle of the first paper (approximately two fingers are each side).

Step 3: Slide the paper down a bit and draw a small mark on each side. Turn the top paper so the folded edge can be used as a ruler to draw a line between the marks.

Step 4: Move the top pages (with the folded edge long ways) down a bit and make the same marks as the single sheet.

Step 5: Take the single sheet and cut along the folded edge between the two marks making a long slot in (with empty spaces on the two sides).

Step 6: On the other pages, cut from the ends of the paper to the mark, making notches on both sides.

Step 7: Softly fold the pieces with the notches so they match up, then slide the papers into the long slot and pull through to the other side and pull down.

You have now made a journal without staples!

